

NAME: _____ DATE _____

LEVEL OF COMPETENCE

1. No experience – Never or observed only
2. Needs Assistance – Occasionally practices
3. Performs Independently – Consistently practices
4. Serves as Resource/Preceptor - frequently practices

LABOR & DELIVERY COMPETENCY ASSESSMENT

LABOR AND DELIVERY SKILLS	1	2	3	4		1	2	3	4
					Cesarean Prep – Perineal Prep				
I. MEDICATION ADMINISTRATION					Prepare Patient Physically for Labor				
Knowledge of Administration Protocol & Side Effects of:					Prepare Patient Psychologically for Labor				
Analgesics					Provide Care & Monitor After Rupture of Membrane				
Antibiotics					Support Labor Coach as needed				
Anticonvulsants									
Calcium Gluconate					DELIVERY INTERVENTIONS				
Corticosteroids					Assist Physician with Anesthesia During Delivery				
Hemabate					Circulate for: Cesarean Section				
Heparin					Circulate for: Minor Surgical Procedure.				
Hydralazine					Circulate for: Postpartum Tubal Ligation				
Insulin					Circulate for: Vacuum Extraction				
Magnesium Sulfate					Circulate for: Vaginal Delivery				
Methergine					Documents Delivery On Patient				
Narcotics					Chart & Logbook				
Oxytocin					Initiate Emergency Protocols if needed				
Ritodrine					Knowledgeable of AWHONN Standard of Practice				
Terbutaline					Performs Controlled Emergency Delivery				
Calcium Chloride					in absence of doctor				
					Scrubs for:				
II. GENERAL OBSTETRICAL MANAGEMENT					Cesarean Section				
Assessment of Labor:					Minor Surgical Procedure				
Assess for Risk Factors					Postpartum Tubal Ligation				
Cervical Dilatation and Changes					Vacuum Extraction				
Cervical Effacement and Changes					Vaginal Delivery				
Duration of Contractions					Sterile Set Up:				
Frequency of Contractions					Birthing Room				
Identity of Fetal Part					Cesarean Delivery				
Obtain OB History					Delivery Room				
Psychological/Behavioral Status of Patient					Forceps / Vacuum Vaginal Delivery				
Quality of Contractions					Spontaneous Vaginal Delivery				
Station of Presenting Part					Assist Physician with Anesthesia during delivery				
Assist with:									
Amnioinfusion					CARE OF INFANT				
Collection of Cultures					Assess and Assign Apgar Score				
Epidural Catheter Placement					Chest Percussion				
					Cord Blood Samples				
III. LABOR MANAGEMENT					Dextrostix				
INTERPARTUM ASSESSMENT					Establish and Maintain Patent Airway				
Assess Maternal vs. Per Stage of Labor					Eye Care				
Assist with Insertion of IUPC					Hematocrit				
Assist with placement of FSE					Identification Process Bracelet / footprints				
Correctly Interpret & Document Fetal Status:					Initiate Emergency Measures				
Apply Tocotransducer and Ultrasonic FHM					Knowledgeable of S/S Infant Distress				
Identify Indicators of Fetal Distress					Physical Exam of Newborn:				
Initiate Emergency Measures for Fetal Distress					Assess for Anomalies				
Report Fetal Distress to Physician					Respiratory Status				
Interpret Data:					Prevention of Heat Loss				
Fetal Heart Pattern					Promote Bonding Process				
Uterine Contraction Pattern					Suction:				
Knowledgeable of Calibration of Machine					Bulb				
Knowledgeable of Lead Connections					Wall				
Use of Doppler (US Doppler)					Transfer to Nursery				
Use of Fetoscope					Weight				
					Use of Radiant Monitor				
INTRAPARTUM INTERVENTIONS									
Assist with Amniotomy					POSTPARTUM – RECOVERY PERIOD				
Care of Patient for Anesthesia					Accurate Assessment and Documentation of:				
Administration:					Amount and Character of Lochia				
Assist Physician with Induction					Bladder Status				
Documentation					Fundal Consistency and Height				
General					Incision				
Positioning					Cesarean				
Protocol for Consent					Episiotomy				
Regional: Epidural					Perineal Care				
Local Infiltration					Post-Anesthesia Assessment Score				
Spinal					Provide Period of Bonding				
Coach with Breathing and Relaxing Techniques					Psychological Status				
Conduct Vaginal Exam					Report Condition to Postpartum Unit				

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Nasogastric Suctioning					VI. SPECIMEN COLLECTION				
Bulb					Cultures				
Phototherapy Lights					Blood				
Postural Drainage and PT					Skin				
					Gastric				
IV. MEDICATION ADMINISTRATION					Cord				
Antibiotic					Heel Stick				
Erythromycin Ointment					Stool				
Silver Nitrate					Urine				
Vitamin K Preparation									
Hepatitis Vaccination									
V. USE AND MAINTAIN THE FOLLOWING EQUIPMENT									
Automatic B/P Machine									
Breast Pump									
Cardio-Respirator Monitor									
Infant Scales									
Isolette									
Radiant Warmer									

ELECTRONIC FETAL MONITORING COMPETENCY VALIDATION

NURSING PRACTICE COMPETENCIES	1	2	3	4
1. Explains the use of electronic fetal monitor to the patient and her support person(s)				
2. Chooses the appropriate electronic fetal monitoring method based on hospital policy or procedure				
3. Applies external transducers and adjusts the electronic fetal monitor accordingly				
4. Describes the limitations of information produced by external transducers				
5. Prepares the patient, sets up equipment, and completes connections for fetal electrode and intrauterine pressure catheter				
6. Calibrates the monitor for the use of the intrauterine pressure catheter				
7. Identifies artifacts and technically inadequate tracings and takes appropriate corrective action				
8. Obtains and maintains an adequate fetal heart rate and uterine contraction tracing				
9. Interprets uterine contraction frequency, duration, strength, and baseline resting tone as appropriate based on monitoring method, and determines if abnormal findings are present.				
10. Identifies baseline fetal heart rate, baseline variability, and the presence of periodic changes and determines if findings are reassuring or non-reassuring				
11. Implements appropriate nursing intervention based on electronic fetal monitor findings.				
12. Identifies the clinical situations based on electronic fetal monitor findings in which immediate physician notification is appropriate				
13. Communicates the content of electronic fetal monitoring data, its interpretation, and resulting nursing intervention in written and verbal form in an appropriate and timely manner.				
14. Documents appropriate entries on the electronic fetal monitoring strip chart and patient record				
15. Demonstrates appropriate maintenance of electronic fetal monitoring equipment				

YOUR EXPERIENCE

YOUR EXPERIENCE	
How many years have you worked in Labor & Delivery	_____ yrs
How many years have you worked in Newborn Nursery	_____ yrs
How many years have you worked in Postpartum	_____ yrs